



The Shin Pain Questionnaire is designed to help you gather important patient history and examination information including pain severity, duration of symptoms, and the degree to which sports participation has been affected. This tool is intended to be used for lower leg overuse injuries such as medial tibial stress syndrome. The higher the points, the more severe the injury and the greater chance of a stress fracture or bony stress injury.

You can send the questionnaire to a patient's phone from within a lower leg SOAP note. Make sure your patient's cell number is in the system.

The questionnaire should be repeated as necessary since the point total can change over time as the condition improves or worsens. This information is not intended to be used as a sole determinant for injury management, and should be combined with other history and physical exam findings. Refer to a physician if in doubt as to the injury severity.

Please note question #10 requires a response from the athletic trainer. If sending the questionnaire via text message during or prior to an injury examination, inform your patient to ask you to complete question #10 before saving.

Completed shin questionnaires can be accessed before a record is signed and locked within the SOAP note so you can review the results while performing your injury evaluation. You can also access completed shin questionnaires on a signed and locked evaluation by selecting the More tab, then Shin Questionnaire from the side pop-out menu.

The ATGenius Team